



EST. 2014

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## **ANGELSTONE TOURNAMENTS: FIRST CANADIAN COVID 19 HORSE SHOW**

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Owner

**Angelstone Tournaments** 

Our team at Angelstone made a big push to figure out how our sport of show jumping could operate within recommended health guidelines while continuing to thrive during the Covid pandemic.

As nearby Woodbine racetrack had managed to continue to operate and race, I believed very much that if we followed a similar model we could also organize show jumping competitions that provide a livelihood for so many in our industry.

So much goes into planning and organizing an event, and the novel Coronavirus added a whole new dimension to that aspect.

The most interesting part of figuring out how to operate during the pandemic was re-thinking the way things have always been done. The pandemic forced us to implement a number of new measures for safety reasons,

#### SHOW SCHEDULE

August 5-9 Caledon ON August 5-9 Tbird BC August 11-16 Tbird BC August 18-23 Tbird BC August 19-23 Anglestone ON August 26-30 Ottawa Horse Show ON

August 26-30 Anglestone ON

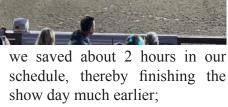
September 2-6 Trillium Championships ON September 2-6 Ottawa Horse Show ON September 9-13 Anglestone ON September 14-15 Amberlea Meadows AB September 23-27 Tbird - Finale BC September 23-27 Ottawa Horse Show ON September 30-October 4 Ottawa Horse Show however many of these measures may be here to stay when we get through this.

Restrictions and guidelines appear be evolving rapidly, but the time at of our first competition we had to be very conscious of limiting numbers of

people in a gathering and reducing exposure between groups of people. Among several other factors, we had to consider:

1. Virtual Show Office - We have the technology to manage entire events online, and this pandemic has forced all competitors to learn how to use the online technology, as there could be no more on-site office;

2. Morning course walks - If we had implemented such a thing before the pandemic, there would have been uproar, however by allowing people to walk the course until 7:30am, we still offered everyone a chance to walk the course if they felt the need. By eliminating course throughout the



3. Deliveries to stables on Mondays only - This reduced traffic (specifically tractor and vehicle traffic in the barn area) immensely and allowed us as a company to operate more efficiently. Operating more efficiently, lowered costs to our customers which is a win-win for everyone.

All that being said, we can't wait to open our doors again to our amazing fans, vendors and sponsors. As an athlete, I miss that full stadium feel, but I do believe we will be a stronger company and a stronger industry when we get to the other side of this pandemic!

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#### CANADIAN TRIVIA: (See back for answers)

Who was the last rider to win the Rolex Grand Prix of Spruce Meadows in back-to-back years?

- a) Eric Lamaze b) Ian Millar c) Scott Brash d) Rodrigo Pessoa
- 2. Who holds the record for most Olympic show jumping medals?
- a) Ludger Beerbaum b) Jos Lansink c) Piero d'Inzeo d) Hans Gunter Winkler
- 3. What year was show jumping first introduced to the Olympic Games?
- a) 1896 b) 1900 c) 1932 d) 1968
- 4. What country has won the most Olympic show jumping team medals after Germany's 14?
- a) USA b) France c) Sweden d) Great Britain
- 5. According to the 2019 World Breeding Federation for Sport Horses (WBFSH) Sire Rankings, which of the following stallions appears in the top 20 producers for both show jumping and eventing?
- a) Cardento b) Contendro I c) Diamant de Semilly d) Numero Uno

### **HOME REMEDIES**

Holly Grayton

We all seem to have a never-ending supply of creams and sprays in our grooming boxes. If you ever want to consider a homemade (sometimes natural) alternative for some of these, you've come to the right place.

Here are a few recipes I have gathered over the years that actually work.

#### Fly Spray:

2oz pure citronella oil 2oz Skin So Soft 1 cup apple cider vinegar 1 cup water

I will often add citronella to shampoo or other sprays that I already use.

For static, dust-control and shine: Pour 3oz Skin So Soft in a typical spray bottle and top up with water. Use lightly when grooming to keep static down and to add a little shine.

#### **Scratches cream:**

Mix equal parts silver sulfadiazine cream with diatomaceous earth powder into a paste, and put on the affected area under a wrap for 12-24 hours for magic!

#### Other things that are magic and won't break the bank:

Wonder Dust – kills proud flesh while leaving the good flesh;

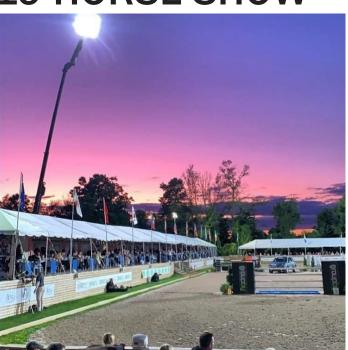
Manuka Honey – put on open wounds for healing (be sure to cover it up – the flies love the honey);

Blue lotion – antiseptic that dries cuts and sores;

White lotion – comes in pill form and needs to be crushed and added to water to be used as liniment or for skin conditions;

Vinegar – just like hot sauce, I put that s\*\*t on everything! Anytime your horse gets washed or sprayed down, always finish with a light spray of vinegar;

Witch Hazel - Mix into your vinegar or other sprays to help keep skin healthy and pores closed.





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## THE KEY TO RELEVANCE IS LIFE-LONG LEARNING - JUST ASK TEAM MILLAR

**Holly Grayton** 

While watching a legend and his daughter learning together. If you show jump you know the name Ian Millar. I'm sure we can agree he knows a thing or two, what with his 10 Olympic appearances, his hundreds of Nations Cup team appearances, not to mention the countless Grand Prix wins. Amy who is equally accomplished in her own right; Olympian, Canadian Champion and multiple Grand Prix winner.

A couple weeks ago when I was watching Ian and his daughter, schooling their seasoned horses over a gymnastic, I was surprised at the evolution of the exercise and how it all played out. Ian took in the information from watching and analyzing Amy's approach to the exercise, and decided her way had merit in a way he hadn't yet considered.

This note has two features: first of all, an excellent gymnastic to practice at home with your experienced horses under the careful supervision of your trainer, and secondly the crucial point that we must never be done learning and should remain open to possibilities we hadn't thought of.

The gymnastic goes like so:

Set on a big S curve, we start with a cavaletti; 28' straight line to an oxer; 62' in a bending line to three straight bounces 11.5' apart, the middle jump is an oxer; 52' in a bending line to an oxer; 28' straight line to a cavaletti.

#### Notes:

28' is a short two strides, especially as the oxer gets bigger and requires more power, but must consider the cavaletti first;

62' was meant to be a quiet 5 stride, using shape in the line as an added variable, the bend is key to accomplishing the set distances; 11.5' bounces;

52' meant to be a quiet 4 stride, shape in the line adds room for adjustments;

28' after the oxer to the cavaletti gets very short and horses must stay

patient

As they went back and forth through this exercise and we raised the jumps up little by little, at one point Amy opted for 4 strides in the 62' line heading into the bounces. The first time this was possibly by chance based on how the horse jumped the much larger oxer, and landed on an inside track. But it was so smooth and the bounces worked out beautifully in fact, Ian had to ask us if he had really just seen what he thought he saw. After a short discussion Ian tried the 4 strides himself, noting that although that method seemed easier for Amy's horse it was in fact more difficult for his horse, and therefore they should both be practicing their own horse's weakest method.

After discussion they both agreed their horses had learned and improved from practicing the exercise both ways.

To me, that point that was more interesting than the exercise itself. The fact that both Olympians took the opportunity to learn from each other and their horses without letting what they thought they knew get in

the way. It was an eye-opening experience and a worth while reminder for c o n t i n u o u s learning.

All of Millar B r o o k e 's students were present for the exercise in keeping with the open learning a t m o s p h e r e here. Students had hands-on

a w a r e n e s s with the gymnastic, having and measured before watching exercise the develop under Ian and Amy's stewardship. Without even being in the tack all who watched clearly took away SO many valuable lessons that day.

\*\*This is an a d v a n c e d e x e r c i s e for very experienced

horses and riders. Start with the first element, subsequently add each piece of the puzzle. If at any point horse or rider struggle, break it down again and simplify the exercise until everyone is confident. \*\*Always have a profissional present while jumping.

HUNTERS
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IMPORTS
PROSPECTS
EQUITATION
BROODMARES

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# Canadians FEI Ranking The Longines Rider Rankings list is released monthly from the international governing body of equine sport, the FEI. The rankings as of August 1st, 2020 are as follows:

Canada	World	Rider
Ranking	Ranking	
1	21	Eric Lamaze
2	67	Mario Deslauriers
3	77	Tiffany Foster
4	88	Erynn Ballard
5	187	Amy Millar
6	208	Vanessa Mannix
7	250	Sam Walker
8	258	Ali Ramsay
9	296	Beth Underhill
10	353	Iim Ifko

