

The Nagging Cough

Holly Grayton - Flexineb

I started on a quest to resolve a nagging situation with my older horse. Every day at the beginning of my ride he would cough a couple times – nothing major, but reliably every day he would do this. Once he had that out of the way, he wouldn't cough again during the ride, but he would breath tight during canter work – a bit like he was holding his breath.

I came upon Flexineb through a good friend, who had plenty of experience using it on her own horses, and so I got started looking more into it. After hearing enough good reviews thinking it would help my horse, combined with the terrible wildfires and smoke in our area this year, I thought the time was right to get on board and try to resolve some issues that needed help.

Once ordered, I had the Flexineb unit in my hands within 4 days, and we promptly started getting all

of our horses used to it. Not only is it remarkably easy to use, but the horses were also surprisingly accommodating of it right off the bat! We used just saline through the nebulizer, though it does come with an adapter for inhaling medications prescribed by a vet.



After only a week's worth of use, the older horse with a cough issue has seen at least a 50% reduction in coughing to start and his breathing during work is noticeably quieter. I am positive the other horses are experiencing a benefit and relief from the smoke in the air, and every horse stands in the crossties with the Flexineb on breathing deeply and relaxed for the whole time they are being groomed to ride – certainly a good sign and welcome addition to the routine.

Stay tuned for more updates on the use to come.